

Overview of Fitting Process

Welcome to the contact lens department at Midwest Eye Care. Thank you for selecting our department as your contact lens provider.

Many of the patients who visit Midwest Eye Care do not require contact lens fitting services. Consequently, to be consistent with the majority of eye care providers in the metropolitan area, **the cost of contact lens fitting services is separate and distinct from the exam fees charged by Midwest Eye Care doctors.**

We are not able to file your contact lens product and fitting fees with an insurance company.

Nebraska and Iowa state regulations require that contact lens patients receive certain contact lens services before a contact lens prescription can be issued. The contact lens prescription will include very specific information not determined or provided during a regular eye exam performed by the doctor. These services may require multiple office visits and lenses. Sometimes changes in a contact lens type or design may be necessary and such services may incur additional fees. **The fitting fee must be paid at the start of the contact lens fitting process, and a contact lens prescription may only be written after all of the services are complete.**

A typical contact lens prescription consists of the brand of lenses, base

curve, diameter, power(s) and expiration date. This is the basic information needed to completely describe the lenses to any supplier of your choice. Please be aware of the expiration date and plan ahead since a new exam may be necessary before you can purchase more contact lenses.

Patients being fit for disposable lenses are typically provided with trial lenses at no cost so that the contact lens optician can evaluate the fit and performance of the lenses on the patient's eyes. These no-cost trial lenses are typically not available for non-disposable lenses, so many patients may be required to purchase their first set of soft lenses from Midwest Eye Care. After we have completed the evaluation, we will issue a final contact lens prescription.

Disposable/Spherical Soft Contact Lenses

There are many types of contact lenses available, varying by lens material and design, but only one or two lens types may be suitable for you. Your doctor and contact lens technician have recommended a disposable or spherical soft contact lens. Soft contact lenses generally provide better comfort and have a higher success rate than therapeutic lenses needed for medical conditions or high corrections. Definitions of the various types of contact lenses are included in this brochure.

Disposable/Spherical Soft Lens Fitting Services and Fees

Level One: The patient sees the contact department after a doctor exam wearing known lens parameters with a good fit, is satisfied with the performance of the lenses, and has no or very little change or question of visual success. Simple measurements may be taken as requested by the doctor. Fee: \$15.00

Level Two: The patient sees the contact department after a doctor exam wearing known lenses. Some changes are needed in the fit, design, increased powers, brand or materials, indicating the need for trial lenses and a simple follow up visit. Fee: \$25.00

Level Three: The patient sees the contact department after a doctor exam wearing unknown lenses or not having worn lenses previously; or where very complex changes are needed (astigmatism not included). Trials will be needed along with follow-up visits. Fee: \$40.00

Level Four: New fit to disposable toric lenses for astigmatism. Fee: \$70.00

Level Five: New fit to disposable monovision or bifocal lenses. Fee: \$95.00

Insertion and removal training: \$20.00 extra, where needed for new fits.

Your personal estimate for the cost of contact lens services and product(s):

Choice One:

Type of Lens: _____

How many lenses: _____

How long will the supply last: _____

Price \$ _____

Service level and cost: ____\$_____

Choice Two:

Type of Lens: _____

How many lenses: _____

How long will the supply last: _____

Price: \$ _____

Service level and cost: ____\$_____

Estimate valid for 30 days from:

____/____/_____

MEC reserves the right to adjust fees as needed, but patients will be advised of any change before they begin the fitting process.

Manufacturer rebates may be available on certain products or quantities. Please ask your technician for details.

Definitions of Contact Lens Types and Concepts

Disposable soft lenses are usually sold in packages of multiple units. They are designed to be worn for a prescribed period and then discarded.

Durable (non-disposable) soft lenses are usually sold in individual packages and are designed to be worn for about 12 to 18 months as comfort allows.

Rigid gas permeable (RGP) lenses are the newer version of "hard" lenses, and may have very good results for certain corneal conditions.

Toric lenses come in both disposable and durable lens modalities. They are used to correct higher amounts of astigmatism.

Monovision is a system that uses normal lenses to correct both near and far vision by prescribing one eye for near and one eye for distance.

Bifocal lenses correct both near and far vision in each contact. They are available in disposable, durable and RGP lenses.

The cost of each type of lens can vary by the product, package quantity, and/or the duration of the supply requested.



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**Your Full Service
Contact Lens Provider**